DELL UltraSharp U3226Q computer monitor 80 cm (31.5") 3840 x 2160 pixels 4K Ultra HD QD-OLED Black





Brand : DELL **Product family:** UltraSharp **Product code:** DELL-U3226Q

Product name : U3226Q

- 31.5" QD-OLED
- 4K Ultra HD, 16:9, 3840 x 2160
- 120Hz, 0.3ms, 300cd/m²
- USB Hub, USB PD (140W)

31.5", 3840 x 2160, 120Hz, 16:9, 300cd/m², 0.3ms, 178°/178°, USB PD (140W)

DELL UltraSharp U3226Q computer monitor 80 cm (31.5") 3840 x 2160 pixels 4K Ultra HD QD-OLED Black:

Designed for colour-critical workflows, this 31.5-inch monitor features DisplayHDR True Black 500, anti-glare low-reflectance, a built-in colorimeter, and Dell Colour Management tools for remote calibration and fleet management.
DELL UltraSharp U3226Q. Display diagonal: 80 cm (31.5"), Display resolution: 3840 x 2160 pixels, HD type: 4K Ultra HD, Display technology: QD-OLED, Response time: 0.3 ms, Native aspect ratio: 16:9, Viewing angle, horizontal: 178°, Viewing angle, vertical: 178°. Built-in USB hub. VESA mounting, Height adjustment. Product colour: Black

Display	
Display diagonal *	80 cm (31.5")
Display resolution *	3840 x 2160 pixels
HD type *	4K Ultra HD
Native aspect ratio *	16:9
Display technology *	QD-OLED
Touchscreen *	✗
Display brightness (peak)	1000 cd/m²
Display brightness (typical)	300 cd/m²
Response time *	0.3 ms
Response time measurement type	GTG (Gray to Gray)
Anti-glare screen	✓
Screen shape *	Flat
Supported graphics resolutions	640 x 480 (VGA), 720 x 400, 800 x 600 (SVGA), 1024 x 768 (XGA), 1152 x 864 (XGA+), 1280 x 720 (HD 720), 1280 x 800 (WXGA), 1280 x 1024 (SXGA), 1600 x 1200 (UXGA), 1920 x 1080 (HD 1080), 2560 x 1440, 3840 x 2160
Supported video modes	2160p, 1080p, 720p, 576p, 480p
Contrast ratio (dynamic)	1500000:1
Maximum refresh rate *	120 Hz
Viewing angle, horizontal	178°
Viewing angle, vertical	178°
Display number of colours *	1.07 billion colours
Pixel pitch	0.1814 x 0.1814 mm
Pixel density	140 ppi
Viewable size, horizontal	69.7 cm
Viewable size, vertical	39.2 cm
Digital horizontal frequency	15 - 270 kHz
Digital vertical frequency	48 - 120 Hz
High Dynamic Range (HDR) technology	Dolby Vision, HDR True Black 500
Surface hardness	3H

Ergonomics	
Cable lock slot type	Kensington
Height adjustment *	✓
Adjustable height (max)	15 cm
Pivot	✓
Pivot angle	-90 - 90°
Swivelling	✓
Swivel angle range	-30 - 30°
Tilt adjustment	✓
Tilt angle range	-5 - 21°
Picture-in-Picture	✓
On Screen Display (OSD)	✓

Power	
Energy efficiency class (SDR) *	G
Energy efficiency class (HDR) *	G
Energy consumption (SDR) per 1000 hours *	34 kWh
Energy consumption (HDR) per 1000 hours *	34 kWh
Power consumption (typical) *	33.7 W
Power consumption (standby) *	0.4 W
Power consumption (max)	460 W
Power consumption (off)	0.3 W
AC input voltage	100 - 240 V
AC input frequency	50/60 Hz
Input current	5.3 A
Power supply type	Internal
Energy efficiency scale	A to G

Operational conditions	
Operating temperature (T-T)	0 - 45 °C
Storage temperature (T-T)	-20 - 60 °C
Operating relative humidity (H-H)	10 - 90%

Display	
sRGB coverage (typical)	100%
Adobe RGB coverage	94%
BT.2020 coverage	80%
DCI-P3 coverage	99%

Performance	
Flicker-free technology	✔
Low Blue Light technology	✔

Multimedia	
Built-in speaker(s) *	✘
Built-in camera *	✘

Design	
Market positioning *	Office
Product colour *	Black
Front bezel colour	Black
Detachable stand	✔
Feet colour	Black

Ports & interfaces	
Built-in USB hub *	✔
USB upstream port type	USB Type-C
Number of USB Type-C upstream ports quantity	1
USB Type-A downstream ports quantity	2
USB Type-C DisplayPort Alternate Mode	✔
USB Power Delivery (USB PD)	✔
USB Power Delivery up to	140 W
HDMI *	✔
HDMI ports quantity	2
HDMI version	2.1
DisplayPorts quantity	1
DisplayPort out version	1.4
Thunderbolt 4 ports quantity	2
Headphone out *	✘
Built-in KVM switch	✔
HDCP	✔
HDCP version	1.4/2.2

Network	
Ethernet LAN	✔

Ergonomics	
VESA mounting *	✔
Panel mounting interface	100 x 100 mm
Cable management	✔
Cable lock slot *	✔

Operational conditions	
Storage relative humidity (H-H)	10 - 90%
Operating altitude	0 - 5000 m
Non-operating altitude	5000 - 12192 m

Weight & dimensions	
Width (with stand)	718.3 mm
Depth (with stand)	217.2 mm
Height (with stand)	623.8 mm
Weight (with stand)	9.35 kg
Width (without stand)	718.3 mm
Depth (without stand)	65.5 mm
Height (without stand)	436 mm
Weight (without stand)	6.43 kg
Bezel width (side)	1.23 cm
Bezel width (top)	9.3 mm
Bezel width (bottom)	3.78 cm

Packaging data	
Package weight	16.3 kg

Packaging content	
Stand included	✔
Cables included	Power, HDMI, DisplayPort, Thunderbolt

Sustainability	
Sustainability certificates	ENERGY STAR
Doesn't contain	PVC/BFR, Arsenic, Mercury

Carbon footprint	
Total carbon footprint (kg of CO2e)	815
Total carbon emissions, standard deviation (kg of CO2e)	179
Carbon emissions, manufacturing (kg of CO2e)	448.25
Carbon emissions, logistics (kg of CO2e)	107.58
Carbon emissions, energy usage (kg of CO2e)	246.13
Carbon emissions, end-of-life (kg of CO2e)	12.23
PAIA version	PAIA 1.5.3, 2026

Other features	
Compliance certificates	RoHS

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